

METRO

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INSIDE TODAY

THE ... AR FREE NEWSPAPER



OUR TWO GREAT SECTIONS

Property + Home

LONDON'S BEST-READ GUIDE FOR HOUSE BUYERS AND OWNERS



Harry & Zayn



Opposite direction! Pair turn up to same bash **Page 13** »

SLAUGHTER OF THE INNOCENTS

■ Hospitals and schools blasted in Syria ■ Sick children among up to 50 killed

by **AIDAN RADNEDGE**

SICK children and a pregnant woman were among up to 50 people killed yesterday as four hospitals were hit by missiles in Syria.

Two schools were also among the targets of strikes by pro-government forces, putting hopes of a ceasefire at risk.

Russia denied involvement in the blitz – condemned by the UN as a ‘blatant’ breach of international law – after being accused by Turkey.

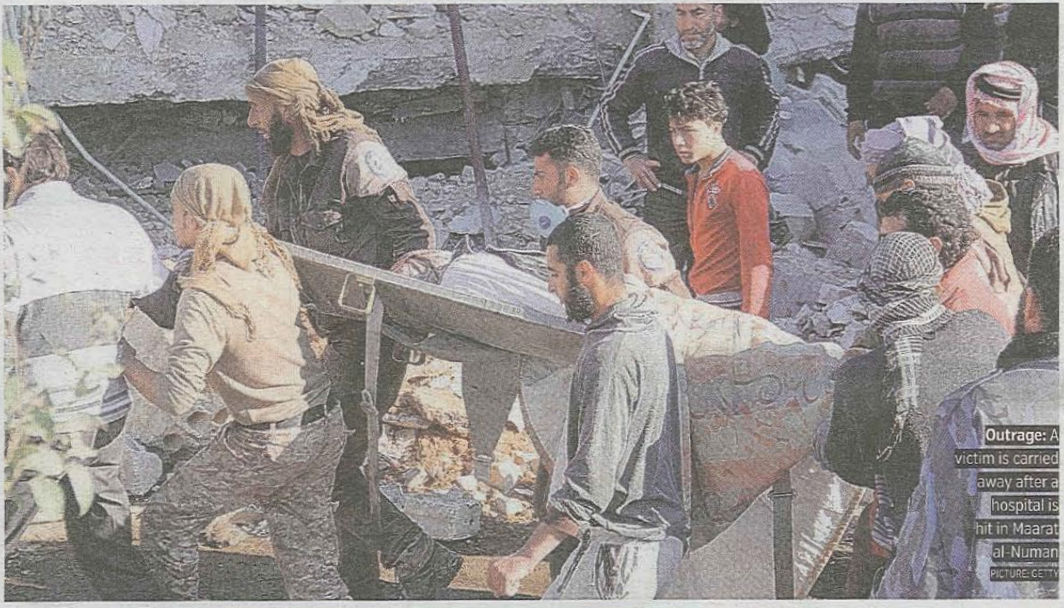
Médecins Sans Frontières said either Moscow or its ally, Syrian president Bashar al-Assad, must be responsible.

Sam Taylor, who works for the charity

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Tears: An injured boy receives treatment after missiles rained on Azaz yesterday



Outrage: A victim is carried away after a hospital is hit in Maarat al-Numan PICTURE: GETTY

■ Football star 'made girl aged 15 perform sex act' **Page 5** ■ Cell trial 'cures cancer in 94% of terminal patients' **Page 8** »

Steal the show with teal accessories

Designer **Mark Riese** on pepping up neutrals, bespoke kitchens and the best way to keep rugs in place

Q: I know this might sound boring but I still love using neutrals throughout the home. Is there any way I can freshen up the look for 2016?
A: There's no need to fear neutrals. With the right styling, they will be classy, classic and very stylish. I love walking into the calm we get when we create contemporary chic with a neutral palette. And then we add a little bit of jazz - we are loving teal as the accent colour for 2016. Try scatter cushions, a chair like the Liz chair by Casamilano in teal (£2,019, urbanlivinginteriors.co.uk) and accessories such as the teal crackled glaze apples by Lisa Pappou (from £98, bullstein.com). There's no need to overdo it, just add the finishing touch to your styling.

Q: We need a new kitchen and wondered whether it's worth going down the bespoke route?
A: Kitchen design is so accessible now that

every new kitchen has become bespoke. Ikea still has one of the best ranges, with clever design options that allow you to get the most out of your space and create your individual look, starting from rock-bottom prices with that Swedish quality [full kitchens from £4,000, ikea.com]. Italians, however, still have the edge when it comes to the most stylish options. At the top end, Boffi, Cesar and Veneta Cucine all give that great Italian style. German brands such as Häcker and Bulthaup offer solid, lifelong performance with the latest looks too. We recently used Häcker (from £30,000 for a full kitchen at



Design solutions: Liz chair and crackle glaze apples (left); Mowlem kitchen (above); anti-slip underlay



neillerner.com) in a new development where the bespoke styling allowed us to maximise storage and work surfaces in a relatively modest-sized kitchen. Finally, for the ultimate in bespoke, take a look at our great British kitchens - I love Roundhouse and Mowlem (from £30,000, mowlem.co.uk) for beautiful detail and that 'made in Britain' credential.

Q: We have hard floors with rugs that keep slipping around. We've tried a mesh mat for extra grip but that wasn't much good. Any more ideas?
A: A genie and a lamp may be the answer. Aladdin had a flying carpet but that is not what we want in our homes! So what we have to wish for is an anti-slip underlay - available from John Lewis and all good carpet suppliers, showrooms and websites.

A good anti-slip underlay can be used with all types of flooring, even those with underfloor heating. Profilo is designed to stop rugs slipping on all smooth floors such as wood and tiles; Top Fleece 2 is designed for use on carpets; and Cyber Gold will do the job on all surfaces (try rugsdirect.co.uk). With a good pair of scissors they can easily be cut to size. Simple and inexpensive work for any genie.



Got a query for our experts? Text HOME, your name then question to 65700* or tweet @Metrofeatures *standard network charges apply

Mark Riese is owner of urbanlivinginteriors.co.uk, a London interior design studio and showroom

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